

FOR IMMEDIATE RELEASE

Mitchell, Indiana

Enlighten Your World One Song at a Time: Author of *Open Your Heart with Singing* will Show you How

More than 23 million Americans sing weekly in community-based choirs.

- More Americans engage in public singing performance than in any other art form.
- Amateur singers have a 96-99 percent high school graduation rate and nearly half have graduate degrees.

Those who partake in singing are more likely to be interested in the world around them, cultured and have more fun!

Jules Kennedy, author of *Open Your Heart with Singing: Mastering Life through Love of the Song*, will give your audience:

- concrete ideas on how to bring music back into everyday experience.
- practical techniques and visualization exercises to help prepare their singing voice
- advice on how to elevate their confidence, whether singing or not!

Singing a favorite song can create a distinct feeling and familiarity to be used for creating well-being in life, and Kennedy will help your audience recognize that they can benefit – no matter what their voice sounds like!

Jules Kennedy has been teaching, writing and counseling for over 20 years. She has a diverse educational and work background in human services, counseling and psychic advising. She has clientele and students worldwide. Although not a professional singer, she believes in meditation as a stress reliever and in singing (and music) as a way to get “at” that meditation.

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