

For Immediate Release
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Open Your Heart Books: The Perfect Holiday Gift

Your favorite activity combined with inspirational stories: The Open Your Heart book series offers something for almost every gift recipient.

Regis Philbin says “It’s a great idea!”

Actor and singer Mary Votava called it “why-to” in a sea of “how-to” books.

Hazel Dixon Cooper, *Cosmopolitan’s* Bedside Astrologer, says the series is “a winning combination that both instructs and inspires.”

The series interweaves advice about how to improve your life with practical advice about a sport or hobby. The result is books that readers love, no matter what their level of interest in self-improvement or their level of skill in the activity itself. Readers learn that self-help is easy once they realize their favorite sport or hobby can guide them to a better life.

Titles available for the 2007 gift season include:

Open Your Heart with Art: Mastering Life through Love of Everyday Creativity
Open Your Heart with Basketball: Mastering Life through Love of the Game
Open Your Heart with Bicycling: Mastering Life through Love of the Road
Open Your Heart with Geocaching: Mastering Life through Love of Exploration
Open Your Heart with Pets: Mastering Life through Love of Animals
Open Your Heart with Reading: Mastering Life through Love of Stories
Open Your Heart with Singing: Mastering Life through Love of Song
Open Your Heart with Skiing: Mastering Life through Love of the Turns
Open Your Heart with Tennis: Mastering Life through Love of the Court
Open Your Heart with Winter Fitness: Mastering Life through Love of the Slopes
Open Your Heart with Writing: Mastering Life through Love of Words

Review copies are available upon request.

Also available from DreamTime Publishing is *Stop Struggling and Start Living: The Rules of the Game*. Through the story of Sam, a man who is about to give up on his career, on his marriage – on life itself – the book *shows* readers how to use the Law of Attraction and other universal laws to improve their life.

DreamTime Publishing books are distributed in the United States by Ingram, Baker & Taylor, Alpen Books, Bookazine, Follett Books, and Quality Books; in Australia by Brumby Books; in New Zealand by Peaceful Living; in Singapore/Malaysia by Pen International; in South Africa by Alternative Books.

Additional media information about the series and the authors, including previous media coverage and high-resolution covers, is available at www.dreamtimepublishing.com/media.htm. Contact Meg Bertini, 866.623.6203, megbertini@dreamtimepublishing.com.

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