

Canadian Author says *The Secret* is Only a Start to Changing Your Life

Elfreda Pretorius, author of *Stop Struggling and Start Living: The Rules of the Game*, says that The Law of Attraction – what *The Secret* and Oprah focused on – is *not* enough alone to create happiness, live life to the fullest, and improve life skills. In short, *The Secret* is just a start to fulfilling dreams and desires. Knowledge of other universal laws, such as the Law of Cause and Effect and the Law of Correspondence, and how they operate is crucial to increase chances of success.

“The disillusioned crowd is already contacting talk show hosts and writing letters to newspapers, claiming it doesn’t work,” Pretorius said. “People follow fads and give away their own power and then become frustrated.”

Pretorius can help your audience have the life they want by teaching them how to be *response able*: NO amount of belief without appropriate action will deliver desired results.

Stop Struggling and Start Living has received rave reviews from readers around the world who have learned to become *response able*. Their successes include:

- Overcoming depression by learning how to control their thoughts
- Discovering new ways of responding that lead to astonishing results in healing relationships
- Improving health in dramatic ways
- Realizing the difference between being solution oriented versus problem focused, and that it holds the secret to success in love, jobs, finances, and even health.

Elfreda Pretorius has more than 20 years experience as a professional speaker, coach, and trainer.

Stop Struggling and Start Living: The Rules of the Game is published by DreamTime Publishing, www.dreamtimepublishing.com.

Contact Elfreda Pretorius: 905.815.0734 (ET) elfredapretorius@gmail.com or Meg Bertini: 866.623.6203 (ET), megbertini@dreamtimepublishing.com

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